



Feeding a Healthy Family

October 20-22, 2006

Sonoma State University
(Cooperage Room) Sonoma, CA

Friday 7:00 to 9:00 PM

Healing Piano Improvisations concert with live performance by Peter Kater

Healing from the Heart ~ Thomas Cowan, MD

Saturday 9:00 AM to 5:30 PM (6 NANP Category I CEUs)

Preparing for Healthy Pregnancy and Childbirth ~ JJ Virgin, CNS, CHFI

Nourishing the Family One Bite at a Time ~ Rebecca Katz, Natural Chef

The Role of Probiotics in Creating Family Health ~ Ann Louise Gittleman, CNS, Ph.D.

Motivational Counseling Techniques to Improve Family Health & Nutrition ~ Shelli Rose, MFT

Overcoming Obesity: Creating Culturally Potent Programs ~ Ed Bauman, M.Ed., Ph.D.

Sunday 9:00 AM to 5:00 PM (3 NANP Category I CEUs)

Age-related Cognitive Dysfunction: A Natural Approach ~ Gene Bruno, MHS, RH (AHG)

Selecting Supplements: Avoiding the pitfalls of sub-potent or contaminated products ~ Vital Nutrients

Tools in Developing Targeted Nutrition Programs: Urine Organic Acids ~ Metamatrix

Enhancing Patient Education & Compliance with Quality Educational Material ~ Sylvia Kreutle, HealthQuest

NANP 2007 Master Plan ~ Lynn Keller, NC, NANP Executive Director


HOLISTIC NUTRITION
CERTIFICATION
BOARD


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National Association of
NUTRITION PROFESSIONALS

Learning Objectives

Participants will learn

...the importance of detoxification in planning a pregnancy and the essential nutrients for a healthy pregnancy & child.

...learn helpful tools and advice for dealing with the ups and downs of making meals and nourishing a family.

...how to use probiotics to effectively support family health and manage various digestive system issues.

...how to design a community education program for a target population.

...the etiology and impact of cognitive dysfunction on families and natural methods of prevention, including diet, supplements and other modalities.

...how to avoid the pitfalls of sub-potent or contaminated dietary supplements.

...how to customize treatment for each individual client using markers of: metabolism functions, nutrient status, and detoxification ability.

...about an easy to use tool to enhance client education and compliance.

Accommodations

Holiday Inn Express - Sebastopol
Wine Country

1101 Gravenstein Hwy South,
Sebastopol, CA

special rate: \$107.90

single or double occupancy

www.ichotelsgroup.com/h/d/ex/1/en/hd/sepas

Directions

Sonoma State University is located 50 miles north of San Francisco, off Highway 101, adjacent to Rohnert Park and Cotati.

For directions, go to:

www.sonoma.edu/university/directions.html

Special thanks to our sponsors...

To Register

Call: 800-342-8037, or register
online at: www.nanp.org

Entire program (includes Sat/Sun lunch & syllabus)

\$225 members

\$295 non-members

\$175 student members

\$45 Friday only

Saturday only (includes lunch & syllabus)

\$95 member students

\$150 members

\$175 non-members

\$100 Sunday only (includes lunch & syllabus)



Essential Formulas

